

WHAT TO PACK FOR CAMP

Each camper should have no more than suitcase/duffel, backpack and sleeping bag and pillow. ALL campers must be able to carry their own luggage from the luggage drop point to their cabins, so plan accordingly.

Here are some things to keep in mind as you help your camper pack:

- Clothing should be tolerant of water, mud and fun – nothing new or expensive!
- BE SURE THAT YOUR CAMPER'S FIRST & LAST NAME IS ON EVERYTHING! Use laundry pens to ID your camper's belongings. Label anything you want returned!

RECOMMENDED PACKING LIST FOR A 1 WEEK SESSION:

- 40 degree or warmer sleeping bags with pillow/pillow case
- 1 bath towel & washcloth
- 1 beach towel
- 1-2 pairs of pants
- 2-4 pairs of shorts
- 5-6 shirts
- Sweatshirt or jacket
- Raincoat or poncho with hood
- Pajamas or sleepwear
- Sunhat or baseball cap
- Swimsuit
- 7 pairs underwear & socks
- 2 pairs comfortable walking shoes – shoes must have backstraps, flip flops are not allowed except inside the cabin or at the waterfront.
- Comb/Hairbrush & Shampoo
- Toothbrush & Toothpaste
- Soap or Bodywash
- Deodorant
- Sunscreen – SPF 15 or higher
- Flashlight
- Water bottle
- Backpack/CinchSack to carry belongings

HELPFUL EXTRAS

- Sunglasses
- Swim Goggles
- Shower shoes
- Laundry Bag
- Book
- Writing paper, pens, self-addressed/stamped envelopes for letters home
- Photo from home and/or comfort item
- Disposable camera with name on it
- Insect repellent
- Lip Balm
- White/light t-shirt for tie-dye
- Fancy and/or silly clothes for special events

THINGS TO KEEP AT HOME

To keep camp fun and safe, we ask that you leave these items at home:

- **Electronics:** cell phones, laptop computers, e-Readers, tablets, music players, etc. (anything with a screen). We maintain an unplugged, non-screen environment.
- Food of any kind, including candy or chewing gum (all snacks are provided)
- Money, jewelry, or expensive items
- Any item considered dangerous (knives, guns, weapons, fireworks, matches, lighters, etc.)
- Alcohol or illegal drugs of any kind
- Tobacco products, in any form (including e-cigarettes & vapes)
- Animals or pets of any kind
- Skateboards, bicycles, scooters, rollerblades, roller skates, and other personal sports equipment
- Vehicles (teen campers are not allowed to drive themselves to/from camp, and must be checked-in by a parent or guardian)